Cleveland Clinic

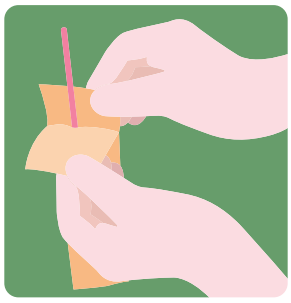
Self-Collected Vaginal Swab Instructions for Genital & Sexual Health Testing

Read all instructions before using your kit and follow them carefully.

If you do not use this kit as directed, incorrect results may occur. Do not take the collection kit or your self-collected specimen out of the clinic. A self-collected swab is one way to test for sexually transmitted infections (STIs) and/or common causes of vaginitis. Other options are available. If you have questions about the self-collected swab, other sample collection options, or about STIs, consult your health care provider.

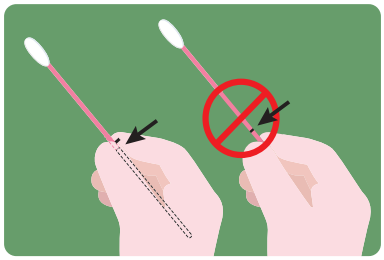
Step 1

Wash your hands before starting. Open the swab package and remove the swab. Do not touch the soft tip or lay the swab down.



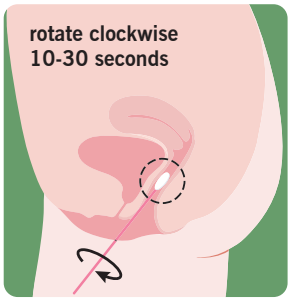
Step 2

Hold the swab with your thumb and finger in the middle of the swab. Cover the score line with your fingers.



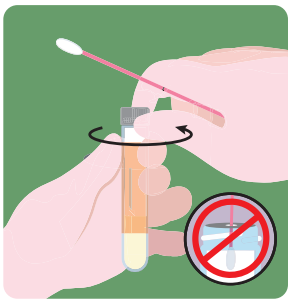
Step 3

Insert the swab into your vagina about 2 inches from the opening.
Rotate the swab clockwise for 10-30 seconds.



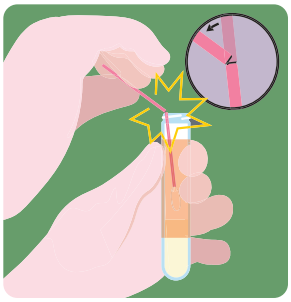
Step 4

Unscrew the cap from the tube while holding the swab (do not put it down). Do not puncture the foil cap.



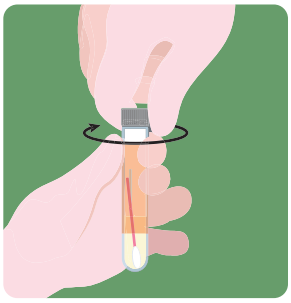
Step 5

Place the swab in the tube so that the score line is at the top of the tube. Break the swab at the score line and throw away the top portion.



Step 6

Tightly screw the cap onto the tube and return it as instructed.



WARNING: If at any time the contents of the tube are spilled on your skin, wash the affected area with soap and water. If the contents of the tube are splashed in your eyes, immediately flush your eyes with water. Notify your health-care provider if irritation develops. If the contents of the tube are spilled, request a new Aptima Multitest Swab Specimen Collection Kit. Do not take internally.

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